

The Soul of Man

Three part being: **spirit, soul, and body**. An even better way of saying it is that you are an outer being with a physical body and an inner being comprised of spirit and soul.

The soul realm is a composite of your own **will, thoughts, emotions, and images stored within both the heart and mind.**

- Why is it important to guard your soul?
- Why is important to feed your own soul with positive thoughts and truths of God?

“Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul.” 3 John 1:2

As your soul goes, so too shall your own health and body.

SOUL WOUNDS TRAUMA/SOUL TIES: Only God can heal a fractured or tormented soul ... draw near to Him and He will draw near to you (James 4:8).

Heart and mind are each an engine that drives the soul.

- They should be in alignment with each other.
- Same thoughts.
- Same focus on God.
- Belief. Trust. Faith.
- One accord, unity.

**We renew our mind.
And. Guard our heart.**

Both the heart and mind **THINK!!!!**

1. According to Hebrews 4:12-13, the word or message of God itself, “discerns the thoughts and intentions of the heart.”

“Prove me, O LORD, and try me; test my heart and my mind.” Psalm 26:2

2. Yes, the word pierces and divides the soul (the **YOU** part of you) from the spirit (the God part of you) to bring inner tension and to expose what stuff is hidden deep within the heart.
3. Yes, the word (or message) of God takes the subconscious and brings it to a level of consciousness. Yes, the written word of God brings what's hidden within to light – and we choose how we respond to what's being revealed.
4. If you've read the bible and felt convicted of needing to do something differently, then you know what I'm talking about!

And yet, “nothing in all creation is hidden from God’s sight. Everything is uncovered and laid bare before the eyes of him to whom we must give account.” Hebrews 4:12-13

For these hidden thoughts, attitudes, desires, or purposes of the heart ... we will one day give an account (Hebrews 4:12-13; 1 Corinthians 4:5; Romans 10:10).

More proof that the heart thinks

- In the parable of the sower (Matthew 13:22), a sickly crop came out from **WITHIN** the heart that had the seed (word) choked out by “the cares of the world and the deceitfulness of riches.” Yes, these thorns and thistles (thoughts and faulty belief sets) sit **INSIDE** the heart!!!!
- Perceiving their thoughts, Jesus tells the Pharisees, “Why do you question in your hearts?” Again, knowing their thoughts, Jesus says to the Pharisees, “Why do you think evil in your hearts?” (Luke 5:22 and Matthew 9:4)
- “Now some of the scribes were sitting there, questioning in their hearts.” Mark 2:6
- Jesus said to them, “Why are you troubled, and why do doubts arise in your hearts?” Luke 24:38
- Mary treasured up all these things, pondering them in her heart.” Luke 2:19

- For from within, out of the heart of man, come evil thoughts, sexual immorality, theft, murder, adultery, etc. Mark 7:21

When we incur bumps or potholes in the road, they get split out of alignment (like 2 front tires and the axle of the car), then we aren't walking straight, and demonic is able to enter the body through the soul. There's a difference in a believing mind and a convinced heart.

We must guard the heart and renew the mind.

1. "Guard your **heart** above all else, for it determines the course of your life." **Proverbs 4:23** ****SEEDS!!!**** **PARABLE OF THE SOWER MAT 13 !!!****
2. "Do not be conformed to this world, but be transformed by the renewal of your **mind**, that by testing (your thoughts) you may discern what is the will of God, what is good and acceptable and perfect." Romans 12:2 so, what is the will of God????

"Rejoice always, pray without ceasing, give thanks in all circumstances; for **this is the will of God** in Christ Jesus for you." 1 Thes 5:16-18

"For with the **heart** one believes and is **justified (legally saved)**, and with the mouth one confesses (homologeō: to say, to speak, to concede, to admit, or to agree with) and is **saved (wholeness)**." Romans 10:10

Walking in unbelief. We are agreeing with the devil, man, our circumstances, opinions, or our fear instead of agreeing with God.

But God's firm **foundation** stands, bearing this seal: "The Lord knows those who are his," and, "Let everyone who names the name of the Lord depart from **iniquity (intent of the heart)**." 2 Tim 2:19

That FOUNDATION is

- **Psalm 89:14** Righteousness and justice are the foundation of your throne; love and faithfulness go **before** you.
- **Matthew 7:24-27** building on the rock of Jesus instead of sand.

Chemicals released.
Strain on body.
Demonic charges (judgments) incurred.

Courts of heaven.
Missing link between
legalism and grace
with the effects of sin
(unbelief). Charges.

- Bitterness
- Unforgiveness/Offense
- Rejection
- Anger
- Loneliness
- Fear/anxiety
- Depression

Enter by the narrow gate (Jesus, John 10:9). For the gate is wide and the way is easy that leads to destruction, and those who enter by it are many. For the gate is narrow and the way is hard that leads to life (zōē, by the spirit) and those who find it are few. Matthew 7:13-14

Emotions are warning lights on the car dashboard time to see the mechanic.
Time to renew the mind. We cannot stay in that place of high emoting. These emotions are anti-Jesus and anti-bible. Judgment will be incurred.

ALL UNBELIEF; ALL SITTING OUTSIDE HIS REST (Jesus) didn't work for the Israelites. Won't work for us.

SOUL TIES: FROM THE WORK OF DR. CAROLINE LEAF

Can be from physical, verbal, sexual abuse.

Hula Hoops Example

1. Feeling attached to someone who is abusive and unable to set **boundaries** or cut off connection with them.
2. You left a relationship but you think about the other person **obsessively**.
3. Feeling like this other person is always **watching you** when you are making important decisions.
4. While having sex (with spouse) **you can't stop visualizing the person you are tied to.**

There are healthy or Godly soul ties between husband and wife, parent and child, or friends like Jonathan and David. These are balanced relationships without co dependency, control, or manipulation.

There are also unhealthy soul ties rooted in false teaching: legalism, covenants of Masonic lodges, cults, or even vows made in sororities and fraternities.

5. **Taking on negative traits of the person your soul is tied to** and even while being in disagreement with them and their thoughts you still carry their offenses.
6. Although you are aware that the person you have a soul tie with is destroying relationships in your life, you **defend your right to stay in connection with that person.**
7. You **share experiences and moods** with the person your soul is tied to. This includes accidents, sickness, and addictions.

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Strong Man

You as the believer, **YOU** are the strongman in this verse:

“But no one can enter a strong man's (ischyros) house and plunder his goods, unless he first binds the strong man. Then indeed he may plunder his house.”

Mark 3:27

Mark 3:27

ischyros - of living beings: of one who has **strength of 🖐️🖐️🖐️ soul to sustain the attacks of Satan,** strong and therefore exhibiting many excellences.

Folks. A house divided against itself cannot stand (Mark 3:25).

- You are His house.
- You are His temple.
- You are the place He dwells.

When the mind and heart are at war. When the lips profess faith in Christ and yet the heart is distant - we as a living being are divided and 🖐️ we grant evil access through our own soul.

Reverse prophesying

One of the greatest weapons formed against us is negative self talk. Isaiah 54:17

Speech center in brain has dominion over whole central nervous system. Speech center stimulation causes entire CNS to respond. Affects memory, emotions, thoughts, senses, sleep, body processes, homeostasis, digestion, breathing (stress, fight or flight), and regulation of the body. Literally, our spoken words prepare our body to be weak or strong.

“Therefore do not throw away your confidence, which has a great reward.” Hebrews 10:35

Yet. The double minded (or double souled) are bound by lies, doubts, fear, emotions, lusts of the world, false theology, and crooked thoughts as they are **divided against** 🖐️ **themselves**.

REST (Heb Ch 4) = FAITH (Heb 11:1) + TRUST (Proverbs 3:5-6)

“for we walk by faith, not by sight.” 2 Cor 5:7

Labor unto rest!

Rest and
receive;
maturity

Yes. Double mindedness allows the devil to plunder your house. You the strongman are bound.

- Giftings
- Spiritual Inheritances
- Relationships
- Opportunities
- Marriages
- Families
- Purpose
- Call

You are the strongman,
and the devil ties you up
by dividing your inner
house of heart and mind.

“But we are not of those who shrink back and are destroyed,
but of those who have faith and preserve their souls.”
Hebrews 10:39

Squandered, delayed, and stolen because we’ve been bound by **unbelief**.

You have been designed to withstand the attacks of Satan - because you know who you are and who you belong to. In Christ, **YOU ARE THE STRONG MAN.** 💪

You died. And by His grace everything He has is yours.

Unbelief not paid for blaspheming Holy Spirit, unpardonable sin.

“Truly, I say to you, all sins will be forgiven the children of man, and whatever blasphemies they utter, but whoever blasphemes against the Holy Spirit never has forgiveness, but is guilty of an eternal sin” Mark 3:28-29 **REJECTING THE WORK OF THE SPIRIT**

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“Your eye is the lamp of your body. When your eye is healthy, your whole body is full of light, but when it is bad, your body is full of darkness.” Luke 11:34

Eyes are a window to the soul

Renewing The Mind

We must test our thoughts against the truth of the written word. If our own thoughts, when tested against the written message (word), don't line up to His nature, ways, or character those thoughts need to be tossed out and realigned with Truth.

So, the issue becomes, if you don't know the word, His nature, or His character the mind cannot possibly be renewed. Nope. His will simply cannot be established in any given situation, if we don't know Truth.

This is why religion, tradition, apathy, and false teaching are so very dangerous.

Press in. Dig deeper. Draw near.
Renew your mind.
Discern His will.

Consequently, he is able to save to the uttermost those who draw near to God through him ... (eis) enter into
Hebrews 7:25

"Do not be conformed to this world, but be transformed by the renewal of your mind, that by *testing* (*your thoughts*) you may discern what is the will of God, what is good and acceptable and perfect." Romans 12:2

Aligning Our Front Tires/Judgment

We must align the mind and the actions that flow from the heart. This keeps the soul well, and destroys the work of the devil. 1 John 3:8

One of the ways of God testing the heart and expecting us to obey His commands. 1 John 3:23 NT commands are to **Obey/Love**

- "I know, my God, that you test the heart and have pleasure in uprightness." 1 Chronicles 29:17
- "And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh."

Heart that hears and a spirit that obeys

And I will put my **Spirit within you**, and cause you to walk in my **statutes and be careful to obey my rules.**" Ezekiel 36:26

²¹ And it is God who establishes us with you in Christ, and has anointed us, ²² and who has also put his **seal** on us and given us his Spirit in our **hearts** as a guarantee. 2 Corinthians 1:21-22

We have given Jesus sovereign access to our hearts. We are marked, we are His for correction and discipline.

Well did Isaiah prophesy of you hypocrites, as it is written,
"This people honors me with their **lips**,
but their **heart** is far from me;
in vain do they worship me,
teaching as doctrines the commandments of men.'
Mark 7:6-8

The Standard

"I will not violate my covenant or alter the word that went forth from my lips."
Psalm 89:34

*Therefore we must pay much closer attention to what we have **heard** (faith comes by hearing and hearing the word), lest we **drift away** from it. For since the message declared by angels proved to be reliable, and every transgression or disobedience received a **just** retribution, how shall we escape if we **neglect such a great salvation**? Hebrews 2:1-3.*

- **WE NEGLECT OUR WHOLENESS BY NOT ABIDING OR REMAINING. Double mindedness. Double souled. Unbelief. James 1:8**
- "For freedom Christ has set us free; stand firm therefore, and do not submit again to a **yoke of slavery**." Galatians 5:1 freedom brings choice.
- "All things are lawful for me," but not all things are helpful. "All things are lawful for me," but I will not be dominated by anything. 1 Cor 6:12

also be holy in all your conduct, since it is written, "You shall be holy, for I am holy. 1 Peter 1:16

Your adversary the devil prowls around like a roaring lion, seeking someone to devour. 1 Peter 5:8

- "So speaking and so acting as those who are to be judged under the **law of liberty**." James 2:12. Acts from within the heart, transgressions that come from the heart of iniquity.

So, what are we speaking over our lives; what are we agreeing with?

"Death and life are in the power of the tongue, And those who love it and indulge it will eat its fruit and bear the consequences of their words." Proverbs 18:21

"For it is time for judgment to begin at the household of God; and if it begins with us, what will be the outcome for those who do not obey (believe) the gospel of God?" 1 Peter 4:17

Split of mind and actions flowing from the heart judgment, demonic accusation. Courts of Heaven.

Ananias and Sapphira - Acts 5:3 **Judgment**
Communion - 1 Cor 11:27-32
Simon the magician's heart not right - Acts 8:21
Satan demands to sift Peter - Luke 22:31
Nobody comes to Paul's trial - 2 Tim 4:16

Demonic judgment or accusations; judgment; hands of God lifting

But God's firm foundation stands, bearing this seal: "The Lord knows those who are his," and, "Let everyone who names the name of the Lord depart from iniquity." 2 Tim 2:19

"Therefore, my beloved, as you have always obeyed, so now, not only as in my presence but much more in my absence, work out your own salvation with fear and trembling, for it is God who works in you, both to will and to work for his good pleasure." Phil 2:12-13


may grow up into salvation— if indeed you have tasted that the Lord is good. 1 Peter 2:2

“For with the heart one believes and is justified, and with the mouth one confesses and is saved.” Romans 10:10

“But if we judged ourselves truly, we would not be judged. But when we are judged by the Lord, we are disciplined so that we may not be condemned along with the world.” 1 Cor 11:31-32

“For I am not aware of anything against myself, but I am not thereby acquitted. It is the **Lord who judges me.**” 1 Cor 4:4

“It is for discipline that you have to endure. God is treating you as sons. For what son is there whom his father does not discipline?” Hebrews 12:7

 **Parking in handicapped spots ... enforce law ... enforce what was provided at the cross.** “no weapon that is fashioned against you shall succeed, and you shall refute every tongue that rises against you in judgment. This is the heritage of the servants of the LORD and their vindication from me, declares the LORD.” Isaiah 54:17

“God opposes the proud but gives grace to the humble.” Submit yourselves therefore to God. Resist the devil, and he will flee from you. James 4:6-7

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Trauma: Soul wound - it's an injury no different than a broken arm

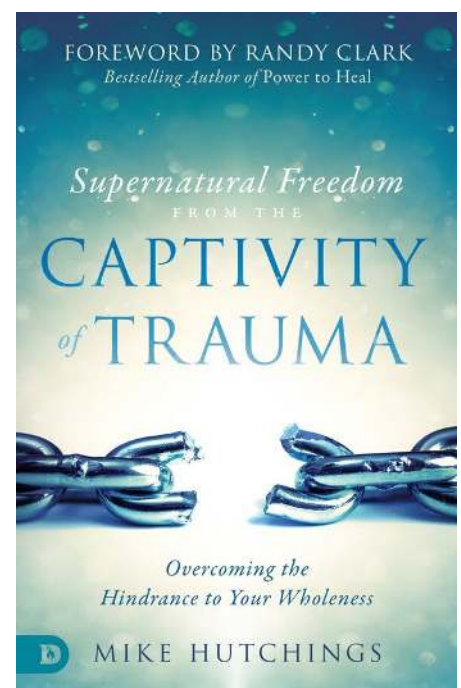
- Limbic system - amygdala PTSD (expands) and hippocampus (shrinks)
- Right and left lobes of brain store memories
- Neuropathways store memories
- The heart stores memories

1. Pray for power to be taken out; memories to die
2. Pray for triggers to cease: sight, sound, smell, touch, taste

Soul ties with abuse: physical, verbal, sexual

Must release the other person; forgiveness;

Guilt. Shame. Coping behaviors steeped in sin.



In split of heart and mind, spirit and oppression enters in this place of trauma:

the word δαιμονισθεις (**daimonizomai**) is best translated “under the influence of a demon,” “subject to demonic influence,” or “with an unclean spirit.” That is across the board in every instance we see the word as it relates to humans and demons. **There is no difference in the Greek between oppressed or possessed.** We’ve made that distinction when the Bible hasn’t.

Credit Josh Adkins

Catherine testimony

Generational Curses

Deuteronomy 5:8-10

8 “You shall not make for yourself a carved image, or any likeness of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. 9 You shall not bow down to them or serve them; for I the Lord your God am a jealous God, visiting the iniquity of the fathers on the children to the third and fourth generation of those who hate me, 10 but showing steadfast love to thousands of those who love me and keep my commandments.”

Ezekiel 18:20

The soul who sins shall die. The son shall not suffer for the iniquity of the father, nor the father suffer for the iniquity of the son. The righteousness of the righteous shall be upon himself, and the wickedness of the wicked shall be upon himself.

Bloodlines Matthew 1:1-17

The book of the genealogy of Jesus Christ, the son of David, the son of Abraham.

Abraham was the father of Isaac, and Isaac the father of Jacob, and Jacob the father of Judah and his brothers, and Judah the father of Perez and Zerah by

Tamar, and Perez the father of Hezron, and Hezron the father of Ram, and Ram the father of Amminadab, and Amminadab the father of Nahshon, and Nahshon the father of Salmon, and Salmon the father of Boaz by Rahab, and Boaz the father of Obed by Ruth, and Obed the father of Jesse, and Jesse the father of David the king.

And David was the father of Solomon by the wife of Uriah, and Solomon the father of Rehoboam, and Rehoboam the father of Abijah, and Abijah the father of Asaph, and Asaph the father of Jehoshaphat, and Jehoshaphat the father of Joram, and Joram the father of Uzziah, and Uzziah the father of Jotham, and Jotham the father of Ahaz, and Ahaz the father of Hezekiah, and Hezekiah the father of Manasseh, and Manasseh the father of Amos, and Amos the father of Josiah, and Josiah the father of Jechoniah and his brothers, at the time of the deportation to Babylon.

And after the deportation to Babylon: Jechoniah was the father of Shealtiel, and Shealtiel the father of Zerubbabel, and Zerubbabel the father of Abiud, and Abiud the father of Eliakim, and Eliakim the father of Azor, and Azor the father of Zadok, and Zadok the father of Achim, and Achim the father of Eliud, and Eliud the father of Eleazar, and Eleazar the father of Matthan, and Matthan the father of Jacob, and Jacob the father of Joseph the husband of Mary, of whom Jesus was born, who is called Christ.

So all the generations from Abraham to David were fourteen generations, and from David to the deportation to Babylon fourteen generations, and from the deportation to Babylon to the Christ fourteen generations.

"You don't need a cape to be a hero!" Author Unknown - sent on my iPad.