

## The Human Spirit

### We are a 3 dimensional part being: Spirit, Soul and Body.

*Now may the God of peace Himself sanctify you completely; and may your whole spirit (**pneuma**), soul (**psuché**), and body be preserved blameless at the coming of our Lord Jesus Christ.*

*1 Thessalonians 5:23*

Our bodies operate as vessels in the physical realm, our soul operates as an engine between realms, our spirit operates as elements of the spirit realm (light, fire, breath, wind, smoke).

### What is a Spirit?

Hebrew noun: **ruach** (roo'-akh) H7307

Breath, wind, spirit

Hebrew verb: **ruach** (roo'-akh) H7306

accept, smell, touch, make of quick understanding

Greek noun: **pneuma** (pnyoo'-mah) G4151

wind, breath, spirit

Greek verb: **pneó** (pneh'-o) G4154

I blow, breathe, as the wind

*The wind (**pneuma**) blows where it wishes, and you hear the sound of it, but cannot tell where it comes from and where it goes. So is everyone who is born of the Spirit (**pneuma**).*

*John 3:8*

### The broken soul and spirit

Trauma can cause a soul and spirit to be crushed, fractured, captured and broken. When this process happens it's typically called a "split" of the mind.

Soul and spirit fragments/parts/members engage the heart realm in their own belief. Each part/fragment/member can establish their own belief.

Hebrew: **sheber** (sheh'-ber) H7667

a breaking, fracture, crushing, breach, crash

*The LORD is near to those who have a broken (**sheber**) heart (**Leb**),  
And saves such as have a contrite spirit (**ruach**).*

*Psalms 34:18*

*The sacrifices of God are a broken (**sheber**) spirit (**ruach**),*

*A broken (**sheber**) and a contrite heart (**Leb**)—*

*These, O God, You will not despise.*

*Psalms 51:17*

*I find then a law, that evil is present with me, the one who wills to do good. For I delight in the law of God according to the inward man (Spirit). But I see another law in my members, warring against the law of my mind (nous) and bringing me into captivity to the law of sin which is in my members. O wretched man that I am! Who will deliver me from this body of death? I thank God—through Jesus Christ our Lord!*  
Romans 7:21-25

### **Our soul and spirit can separate into different realms and dimensions**

*I cried out to the LORD because of my affliction,  
And He answered me.  
“Out of the belly of Sheol I cried,  
And You heard my voice.  
For You cast me into the deep,  
Into the heart of the seas,  
And the floods surrounded me;  
All Your billows and Your waves passed over me.  
Then I said, ‘I have been cast out of Your sight;  
Yet I will look again toward Your holy temple.’  
The waters surrounded me, even to my soul;  
The deep closed around me;  
Weeds were wrapped around my head.  
I went down to the moorings of the mountains;  
The earth with its bars closed behind me forever;  
Yet You have brought up my life from the pit,  
O LORD, my God.  
“When my soul fainted within me,  
I remembered the LORD;  
And my prayer went up to You,  
Into Your holy temple.  
Jonah 2:2-7*

### **David understood the depths of Sheol. Part of his soul was imprisoned in Sheol.**

*Therefore my heart (**Leb**) is glad, and my glory rejoices;  
My flesh also will rest in hope.  
For You will not leave my soul (nephesh) in Sheol,  
Nor will You allow Your Holy One to see corruption.  
Psalm 16:9-10*

### **We can't rely on our flesh, we must rely on our spirit (Inner man)**

*And do not be conformed to this world, but be transformed by the renewing of your mind (nous), that you may prove what is that good and acceptable and perfect will of God.  
Romans 12:2*

*Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man(Spirit) is being renewed day by day. For our light affliction, which is but for a moment, is working for us a far more exceeding and eternal weight of glory, while we do not look at the things which are seen, but at the things which are not seen. For the things which are seen are temporary, but the things which are not seen are eternal.*

*2 Corinthians 4:16-18*

### **Example of human spirits operating without the soul and body**

#### **Our spirit ministers to our soul**

*Then he [Samson] became very thirsty; so he cried out to the LORD and said, “You have given this great deliverance by the hand of Your servant; and now shall I die of thirst and fall into the hand of the uncircumcised?” So God split the hollow place that is in Lehi, and water came out, and he drank; and his spirit (ruach) returned, and he revived.*

*Judges 15:18-19*

*And they told him, saying, “Joseph is still alive, and he is governor over all the land of Egypt.” And Jacob’s heart stood still, because he did not believe them. But when they told him all the words which Joseph had said to them, and when he saw the carts which Joseph had sent to carry him, the spirit (ruach) of Jacob their father revived. Then Israel said, “It is enough. Joseph, my son is still alive. I will go and see him before I die.”*

*Genesis 45:26-28*

### **Our 7 Redemptive Gifts**

#### **These 7 Redemptive are:**

- Prophet
- Servant
- Teacher
- Exhorter
- Giver
- Ruler
- Mercy

*For I say, through the grace given to me, to everyone who is among you, not to think of himself more highly than he ought to think, but to think soberly, as God has dealt to each one a measure of faith. For as we have many members in one body, but all the members do not have the same function, so we, being many, are one body in Christ, and individually members of one another. Having then gifts differing according to the grace that is given to us, let us use them: if prophecy, let us prophesy in proportion to our faith; or ministry (serving), let us use it in our ministering; he who teaches, in teaching; he who exhorts, in exhortation; he who gives, with liberality; he who leads (Rules), with diligence; he who shows mercy, with cheerfulness.*

*Romans 12: 3-8*